

THEN	NOW	NEXT
<ul style="list-style-type: none"> - A previously needed support to emotionally regulate throughout the day. A would get upset and not be able to communicate what and why she was upset. - Zones of Regulation sessions were carried out within the classroom. 	<ul style="list-style-type: none"> - A is now able to name the emotion she is feeling. - A is able to state how she is feeling independently. - A is able to use strategies to bring her back into the 'green'/'ready to learn' zone. - A struggles to respond appropriately to smaller problems and will often get upset over something that others consider to be a small issue. 	<ul style="list-style-type: none"> - A will continue with Zones of Regulation sessions and a school programme. - This will now look to target differentiating between big and small problems and how to respond to these appropriately.